



***Reflective practice:  
a pleasure or a burden  
for learners?***

Cvetanka Walter



[www.hobplatform.com](http://www.hobplatform.com)

**House of Brains (HoB)**  
**University-Business Cooperation for Better Learning**



an innovative European online training  
course to improve the employability of  
graduates



## Partner countries and organisations

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The screenshot shows a Microsoft Office 2010 window displaying the HoB (Hochschule of Business) dashboard. The dashboard is titled "Dashboard" and includes a "Customise this page" button. The main content area is divided into several sections:

- Navigation:** A sidebar menu with links for "Dashboard", "Site home", "Site pages", "Courses", and "REFLECTIVE PRACTICE".
- Administration:** A section with a link for "Site administration".
- Course overview:** A section titled "Course overview" with a sub-section "No course information to show."
- Private files:** A section titled "Private files" with a sub-section "No files available" and a link "Manage private files...".
- Online users:** A section titled "Online users" showing "(last 60 minutes)" and a user "Francesco Furlanis".
- Latest badges:** A section titled "Latest badges".

The dashboard also features a "Call Us: 049 807 9443" and "Email: info@hobplatform.org" contact information. The user's name "Francesco Furlanis" is displayed in the top right corner. The taskbar at the bottom shows the Windows Start button, several application icons, and the system tray with the time "10:02" and date "01/06/2016".

Understanding the essence of  
portfolio-based learning, Edinburgh

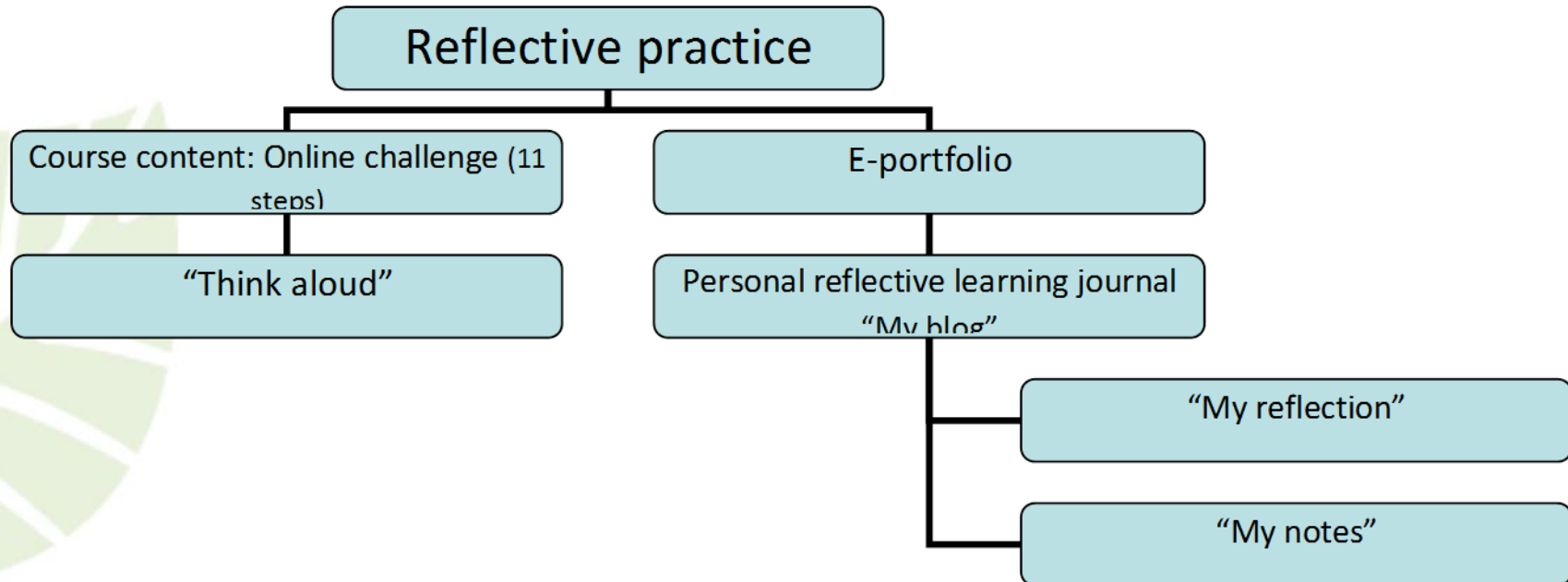


## Online course

- Online challenge and e-portfolio
- Competences to be trained:
  - Teamwork and problem solving
  - Ability to adapt to new environments (e.g. online collaboration)
  - Thinking “outside the box”
  - Decision making and goal setting
  - Reflective learning skills
  - Intercultural awareness and communication



# Reflective practice concept





Francesco Furlanis 



Call Us: 049 807 9443 Email: [info@hobplatform.org](mailto:info@hobplatform.org)

Dashboard

Customise this page

MY NOTES

MY REFLECTIONS

THINK ALOUD



## Compulsory reflective practice

### “Think aloud” box

- Please reflect on your role in the team during and after the step. Answer the following questions:
  1. Which role do you want to have in your team?
  2. Which role do you think you have in the team?
  3. Are there aspects of behaviour/work in your team, which are culture specific? Please give examples.
  4. How can your role change in the future based on your new knowledge about managing conflicts and the team online discussion?





## **Voluntary reflective practice**

### **“My reflection“**

1. What did you learn this week (step)?
2. What are the implications of your new knowledge to your further work on the course?
3. Does the new knowledge/skill relate to other contexts – university, work place, free time?
4. How did you feel on this step? What went good?
5. If you ‘step back’ from the issue, how does it look different?
6. What would you do differently next time?



## **Reflective practice: as a meaningful and dynamic experience**

- Transparent activity for the learner
- Visible and continuous
- Public and personal
- Compulsory and voluntary
- On success and on failure
- In-anticipation and after a learning event
- Relevant to course content and to context of individual learner



## **Reflective practice: as a meaningful and dynamic experience**

- Source for evidence-based examples to be used in the learning process
- As self-assessment tool, autonomous learning
- More than a pedagogical activity: a learning goal and skill for employability
- Facilitates “thinking outside the box”



## **Contact**

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**More about the course on**

[www.hobplatform.com](http://www.hobplatform.com)



## **Reflective practice: discussion**

How intensive must reflection be  
to have impact on learning?



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